

What to Pack for Challenge Camp

Clothing:

- pants (4-5 pairs)
- shorts (4-5 pairs)
- sweatshirts (2-3)
- shirts (6-7)
- underwear (7-8 pairs)
- socks (7-8 pairs)
- sneakers (2 pairs)
- swimming shoes
- swimming suit
- hat+ quiet activities for rest time(optional)
- jacket
- rain jacket
- sleeping bag/sheets

Toiletries:

- toothbrush/ mouthwash
- hairbrush
- soap; shampoo
- razor
- personal hygiene items (such a feminine products)
- towels (2-3)
- washcloth

Bedding:

- sheets and blanket or sheets and sleeping bag
- extra sheets/blanket if necessary
- pillow

Other:

- flashlight/batteries
- bug spray
- sunscreen
- quiet activities for rest time(optional)

Medicine:

Please make sure all medicines are in original containers with camper's name.

Dietary Needs:

Please let us know if you have specific dietary needs. We will let you know if you need to bring special food with you.

PLEASE MAKE SURE ALL ITEMS ARE LABELED WITH CAMPER'S NAME.